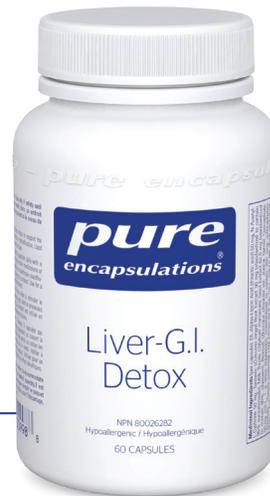




## Liver-G.I. Detox Improved

NPN 80026282



### What Is It?

Liver-G.I. Detox helps to support gastrointestinal health and function of the liver, an organ involved in detoxification. It provides nutrients and botanical extracts used in Herbal Medicine to help increase bile flow, relieve digestive disturbances, and protect the liver.

### Uses for Liver-G.I. Detox

**Liver Detoxification:** Silymarin supports the liver by enhancing phase II detoxification enzymes, supporting glutathione synthesis and promoting liver cell functions. Provided alongside the amino acids glutamine, glycine and taurine, methionine is a lipotropic compound that enhances healthy hepatic function by supporting lipid metabolism and glutathione concentration. Alpha lipoic acid is a water- and fat-soluble antioxidant, which allows it to function in almost any part of the body, including the liver. NAC is a precursor to glutathione, and supplemental NAC increases tissue levels of glutathione. This formula also offers sulforaphane, an important metabolite from broccoli sprout concentrate, along with turmeric, which has a long history of use for providing broad-spectrum support.

**Gastrointestinal Support:** Milk thistle and artichoke are used in Herbal Medicine to help relieve digestive disturbances. Preliminary evidence suggests that milk thistle promotes colon cell health. Artichoke extract aids the digestive process by promoting healthy bile flow and intestinal motility, optimizing nutrient utilization while reducing toxin exposure in the gut. Glutamine is the most abundant amino acid in the body. Chlorella, the most studied “green food,” is traditionally celebrated for its beneficial health properties. Furthermore, its nutrient rich matrix includes vitamins, minerals, protein, carotenoids, and flavone compounds.

### What Is The Source?

Alpha lipoic acid, N-acetyl-L-cysteine, taurine and L-methionine are synthetically derived. Turmeric extract is derived from the root of *Curcuma longa* and standardized to contain 95% curcuminoids. Milk thistle extract is derived from the fruit of *Silybum marianum* and standardized to contain 80% silymarin. Broccoli sprout concentrate is a 20:1 extract derived from *Brassica oleracea italica* and standardized to contain a minimum of 200 mcg sulforaphane. Artichoke extract is derived from the leaves of *Cynara scolymus l.* L-Glutamine is derived from fermentation. Vitamin C (ascorbyl palmitate) is derived from corn dextrose fermentation and palm oil.

### Recommended Dose

Adults: Take 3 capsules daily with a meal, a few hours before or after taking other medications or health products, or as recommended by a healthcare practitioner. Drink plenty of water while taking this product. Use for a minimum of three weeks to see beneficial effects.

### Warning

Do not use if you are pregnant, breastfeeding, allergic to plants of the Asteraceae/Compositae/Daisy family, have a bile duct obstruction, or are taking antibiotics or nitroglycerin. Consult a healthcare practitioner prior to use if you are following a low protein diet, taking antiplatelet medication or blood thinners, have gall stones, stomach ulcers, excess stomach acid, diabetes, kidney stones, or a history of non-melanoma skin cancer. Consult a healthcare practitioner if symptoms persist or worsen. Discontinue use and consult a healthcare practitioner if you experience symptoms of low blood sugar such as sweating, paleness, chills, headache, dizziness or confusion. Hypersensitivity has been known to occur; in which case, discontinue use.

(continued)

LGD6C-C

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## Liver-G.I. Detox

### Medicinal Ingredients (per capsule) v 00

DL-Alpha-Lipoic Acid (thioctic acid) .....	50 mg
N-Acetyl-L-Cysteine .....	50 mg
Turmeric ( <i>Curcuma longa</i> ) Root Extract.....	50 mg
(standardized to contain 95% curcuminoids)	
Milk Thistle ( <i>Silybum marianum</i> ) Seed Extract .....	62.5 mg
(standardized to contain 80% silymarin)	
Broccoli ( <i>Brassica oleracea</i> var. <i>italica</i> ) Sprout Concentrate .....	50 mg
(20:1, 1 g dried equivalent; standardized to contain	
200 mcg sulforaphane)	
Artichoke ( <i>Cynara scolymus</i> ) Leaf Extract .....	62.5 mg
(19:1, 1187.5 mg dried equivalent)	
Taurine .....	112.5 mg
Glycine .....	112.5 mg
L-Glutamine .....	112.5 mg
L-Methionine .....	50 mg
Chlorella ( <i>Chlorella vulgaris</i> ) Broken Cell.....	100 mg
Vitamin C (ascorbyl palmitate) .....	4.3 mg
Non-Medicinal Ingredients: Vegetarian capsule (hypromellose, water).	